



VIRTUAL AUTISM COFFEE MORNING

For Parents and Carers that have a child diagnosed with Autism

The coffee morning will be delivered in English and Bengali



Join to meet other parents and to share your experiences, ideas and support about the following topics:

**TUESDAY 1ST FEBRUARY: DAILY LIVING SKILLS E.G. BATHING, DRESSING
TIME: 10AM - 11.30AM ON ZOOM**

**TUESDAY 1ST MARCH: STRATEGIES TO SUPPORT BEHAVIOUR
TIME: 10AM - 11.30AM ON ZOOM**

**TUESDAY 29TH MARCH: TRANSITION TO ADOLESCENCE
TIME: 10AM - 11.30AM ON ZOOM**

**These coffee mornings will be run by DCOS
(Disabled Children's Outreach Service)**

**If you would like to attend please email
DCOS.INFO@towerhamlets.gov.uk
for the zoom link to join the coffee morning**

