



Compassionate Neighbours

Would you like to be a Compassionate Neighbour?

We are looking to recruit local people living and working in Tower Hamlets to become Compassionate Neighbours.

You will receive free training to develop your skills and confidence to help those that are living with life limiting conditions, are at the end of life or are elderly can be experiencing loneliness and isolation.

You can do this by offering companionship, emotional support, running a group activity or by helping people to increase their connections.

Our next training days are: **27th & 29th July 2021**

If you are interested please contact the CN team

07508134095 or cn@stjh.org.uk



www.compassionateneighbours.org