

# THIS WEEK

## MONDAY

Cheese & tomato pizza (v)  
(1,3,6)  
or  
Vegetable burger (v) (1,3)  
Potato wedges, baked beans &  
seasonal salad  
Vanilla ice cream (1)

## TUESDAY

Cottage pie (1)  
or  
Bean & vegetable cottage pie  
(v) (1)  
Carrots & broccoli  
Fruit sponge with custard  
(1,3,11)

## WEDNESDAY

Roast chicken breast & gravy  
or  
Vegetable & lentil hot pot  
Roast potatoes  
Seasonal greens, roasted  
vegetables  
Jelly and cream (1)

## THURSDAY

Beef lasagne (1,3,14)  
or  
Vegetable lasagne (v)(1,3,14)  
Wholemeal herb bread (1,3,6)  
Sweetcorn, coleslaw (11)  
Fresh fruit salad

## FRIDAY

Fish fingers (2,3)  
or  
Vegetable fingers in a wrap,  
(v) (1,3)  
Chips, baked beans, peas  
Chocolate mousse (1)

### WEEK ONE

12.04.2021  
03.05.2021  
24.05.2021  
21.06.2021  
12.07.2021

### WEEK TWO

19.04.2021  
10.05.2021  
07.06.2021  
28.06.2021  
19.07.2021

### WEEK THREE

26.04.2021  
17.05.2021  
14.06.2021  
05.07.2021

Mild chickpea & potato  
curry with 50/50 rice (1)  
or  
Mac & cheese with basil bread  
(v) (1,3,6,14)  
Broccoli & carrots  
Vanilla shortbread (1,3)

Chicken sausage & gravy  
(1,3,12)  
or  
Vegetable sausage, & gravy (v)  
(1,3,6,11)  
mashed potato (1), peas & red  
cabbage  
Chocolate sponge with pear  
compote & chocolate sauce (1,  
3, 11)

Roast turkey, gravy & stuffing  
(3)  
or  
Vegetable omelette (1,11)  
Roast Potatoes  
Seasonal greens, cauliflower  
Crispy cake (1, 3)

Beef Bolognese  
Wholemeal penne pasta (3)  
or  
Caribbean pasty with ½ jacket  
potato (v)(1,3)  
Seasonal salad, sweetcorn  
Fruit flapjack (1,3)

Fish fingers (2,3)  
Salmon fishcake, (2,3,14)  
or  
Quorn sausage (v)  
(1,3,11)  
Chips, baked beans, peas  
Fruit and custard (1)

Vegetable & bean wrap (v) (3)  
or  
Tomato & basil pasta bake with  
cheese (1, 3)  
Focaccia (1, 3, 6)  
Seasonal salad, sweetcorn  
Melon medley

Lamb meatballs in a tomato  
sauce  
or  
Quorn balls in a tomato  
sauce (v) (3,11)  
Pasta(3), broccoli & cauliflower  
Fruit crumble & custard  
(1, 3)

Roast chicken & gravy  
or  
Vegetable and lentil loaf  
(v) (1, 3,11)  
Roast potatoes, green beans &  
carrots  
Ice cream (1)

Chicken curry korma with  
wholegrain rice (1)  
or  
Sweet potato falafel with mint  
yoghurt  
(v) (1,3)  
cabbage, cauliflower  
Wholemeal oat cookie (1,3)

Battered fish  
(2,3)  
or  
Roasted pepper & cheese  
quesadilla, tomato salsa (v) (3,  
1, 7)  
Chips, beans, peas  
Jelly