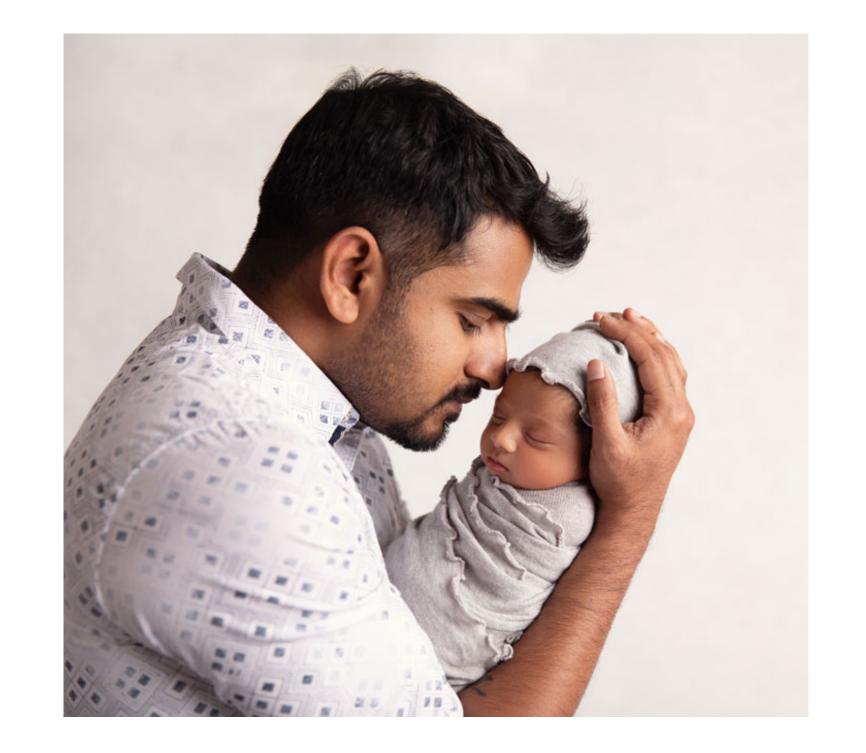




## Fatherhood & mental wellbeing A free webinar aiming to:

'Support the transition of becoming a dad 'Discuss common experiences & concerns 'Offer tips to support wellbeing



## Please self-refer on https://towerhamletstalkingtherapies.nhs.uk/get-started/

To register for this webinar you must be a resident or have a GP in Tower Hamlets