FREE 6-WEEKS EXERCISE COURSE

DELIVERED BY CHI NGO FITNESS

For Deaf and Hard of Hearing people living in Tower Hamlets only



When?

Every Thursday 10am - 10.45am 10th June - 15th July 2021

> Venue: to be confirmed

Please contact Sumita to book your place:

E: sumita.baines@deafplus.org

SMS: 07497824326





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