



# VIRTUAL AUTISM COFFEE MORNING

For Parents and Carers that have a child diagnosed with Autism

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***The coffee morning will be delivered in English and Bengali***



***Join to meet other parents and to share your experiences, ideas and support about the following topics:***

**TUESDAY 26TH APRIL: PLANNING FOR HOLIDAYS**

**TIME: 10AM - 11.30AM ON ZOOM**

**TUESDAY 24TH MAY: ASD AND DIET**

**TIME: 10AM - 11.30AM AT KITCAT TERRACE, BOW, LONDON, E3 2SA**

**TUESDAY 5TH JULY: STRATEGIES TO SUPPORT BEHAVIOUR**

**TIME: 10AM - 11.30AM ON ZOOM**



**These coffee mornings will be run by DCOS  
(Disabled Children's Outreach Service)**

**If you would like to attend please email  
DCOS.INFO@towerhamlets.gov.uk for the zoom link**

