



Chit Chat Chai

Bringing the community back together, after a long year of being apart. Come and have a nice brew whilst catching up with friends and taking part in activities.

**Tower
Hamlets
Homes**

Turn over to see the timetable or visit our website for more information
www.thh.org.uk

Chit Chat Chai timetable



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Queen Victoria Seamen's Rest East India Dock Road, E14 6DF 10.30–11.45am Starting 17 May 2021</p> <p>National Ballet - Chair Exercise Contact: 020 7987 0257</p>	<p>Latimer Church Hall Ernest St, E1 4LS 11.30am–12.30pm Starting 18 May 2021</p> <p>Chair Yoga Contact: 020 7987 0257</p>	<p>Care House 85 Bigland Street, E1 2ND 9.30–10.30am Starting 19 May 2021</p> <p>Contact: 020 7790 5166</p>	<p>Collingwood's Hall Bethnal Green, E1 5RB 11am–12pm Starting 28 May 2021</p> <p>Walking group start from 9.15am Contact: nasima.begum@youngfoundation.org</p>	<p>St. Dunstan and All Saints Church Stepney High St, E1 0NR 2.30–3.30pm Starting May 21 2021</p> <p>Every third Friday of the month Contact: 07860 519 783</p>
<p>Island House Community Centre Roserton St, E14 3PG 12.30–3.30pm Starting 17 May 2021</p> <p>Arts and Crafts Contact: 020 7531 0310</p>	<p>Sonali Gardens 18 Sutton St, E1 0AG 2–3pm Starting 25 May 2021</p> <p>Coffee, Cakes and Craft Contact: 07908 250 149 *Book in advance</p>	<p>Collingwood's Hall Collingwood St, E1 5RB 2pm–3pm Starting 19 May 2021</p> <p>Men only Contact: nasima.begum@youngfoundation.org</p>	<p>Wigram House Wades Place, E14 0DA 11.30am–12.30pm Starting 20 May 2021</p> <p>Chair Yoga Contact: 020 7987 0257</p>	<p>Please check our website for more dates, times and locations www.thh.org.uk</p>

