

THEWS PARENT WORKSHOPS

SUMMER 2022

This summer, Tower Hamlets Education Wellbeing Service (THEWS) are offering a series of free, online parent workshops, covering a range of topics.

To take part, select the workshop(s) from the list below that interest you and complete registration on the Eventbrite website by clicking or copying the link next to the workshop you would like to attend into your web browser via phone or computer.

If you have any difficulties signing up, please contact us via the Eventbrite page.

We look forward to seeing you there!

THE WORKSHOPS



MENTAL HEALTH AWARENESS AND
SUPPORTING YOUR CHILD'S
EMOTIONAL WELLBEING

Monday 1st August
11am

<https://www.eventbrite.com/e/mental-health-awareness-and-supporting-your-childs-emotional-wellbeing-tickets-379789589887>



MANAGING BEHAVIOURAL
DIFFICULTIES
(FOR CHILDREN UP TO 8 YEARS
OLD)

Wednesday 3rd August
2pm

<https://www.eventbrite.co.uk/e/managing-child-behavioural-difficulties-tickets-379805738187>

More over the page... --->

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RECOGNISING AND SUPPORTING
YOUNG PEOPLE WHO SELF-HARM

Tuesday 9th August
11am

<https://www.eventbrite.com/e/recognising-and-supporting-young-people-who-self-harm-tickets-379808717097>



YEAR 6 - MANAGING
TRANSITION TO
SECONDARY SCHOOL

Thursday 11th August
2pm

<https://www.eventbrite.com/e/supporting-transition-to-secondary-school-tickets-379812578647>



BUILDING CONFIDENCE AND
MANAGING ANXIETY IN YOUR
CHILD

Tuesday 23rd August
2pm

<https://www.eventbrite.com/e/building-confidence-and-managing-anxiety-in-your-child-tickets-379822548467>



PARENT WELLBEING

Friday 26th August
11am

<https://www.eventbrite.com/e/managing-wellbeing-as-a-parent-tickets-379825216447>
