



Newsletter

16th April 2021



Dear parents and carers,

Firstly, I would like to welcome you all back. I hope you all had a restful and enjoyable Easter holiday, and managed to enjoy some of the lovely sunny weather we had. It is lovely to see all the children back once again, showing their enthusiasm and eagerness to be back in school and learning. I would also like to take this opportunity to say Ramadan Mubarak to all our families who will be observing Ramadan over the coming month.

One of my weekly highlights is leading our celebration collective worship, where we all hear about why children have been nominated for the value of the week in their class. This week our value has been **enthusiasm**. It was a real pleasure to hear teachers talking about the many different ways in which children have embodied this value over the course of this week. A big well done to all the children named below!

Nursery	Caisie Cameron
Reception Apple	Maddison Ratcliffe Adjei
Reception Peach	Hadassa Manuel
Beech	John-Nye Morgan-Whyte
Maple	Jehonathan Pambou
Birch	Frank Clapham and Eliza Won
Ash	Emmett Zhang
Lemon	Yameen Miah and Roman Jones
Oak	Jesse Manuel
Aspen	Tanisha Anjum
Spruce	Halima
Palm	Eaf Hussain
Cherry	Kayan Hussain
Willow	Emmanuel Efosa Ero Momoh
Cypress	Casper Aldrich

Parent consultations

You should have received a letter earlier this week about the parent consultations, which begin from Monday. I have attached the letter again to this newsletter for your reference. Please do try to book in a place with your child's class teacher, as these meetings provide valuable time for you to discuss your child's progress, and gives you the opportunity to ask questions and discuss any other matters you may wish to raise. If you are logging in using Zoom, it would be really helpful if you could change your user name to that of your child, so that teachers know which parent to admit from the waiting room. Please note that we will be unable to book in an appointment slot on the actual day of your child's consultation as teachers will have planned for their day, and will be tied up in meetings, so please do book in as soon as possible.



Newsletter

16th April 2021



Swimming lessons

As Covid restrictions are beginning to ease, we are able to begin to reintroduce swimming lessons on site for our year 1 and 2 pupils. I have attached a letter here for parents of children in these year groups; the lessons will start in the week beginning 26 April. Please do take the time to read this letter as it contains all the information you need about the arrangements. Over time, as guidance permits, we hope to be able to introduce swimming lessons to other year groups, including, hopefully, sessions for older children who travel to a local pool for their lessons.

Sports Day

In guidance sent to schools recently, we are hopeful that Sports Day will be able to go ahead later in the Summer term. Dates were given in the parent calendar at the beginning of this academic year, and we hope to be able to stick to those dates and times. As a reminder, these are:

- Wednesday 16th June: Key Stage 1, from 10am, at Millwall Park
- Tuesday 22nd June: Key Stage 2, from 10am, at Millwall Park
- Wednesday 23rd June: Early Years, from 1:30pm, on the school site

Of course, this may well be subject to change based on the guidance we receive closer to the time, and we will keep you updated. Please note that, at this stage, it seems that parents coming to watch their child is not within the guidance. However, we will make final decisions on this much closer to the time, when we hope that we will have further clarity.

Allergy and asthma forms

If your child has an allergy or asthma, you will have received a form to fill in prior to the Easter holidays. If you have not yet returned this, please do so as soon as possible. Please return this to the school office. As I am sure you can appreciate, it is essential that we have children's most up-to-date medical needs on our files.

Energy Kidz

You will be aware that our after school care club, run by Energy Kidz, is now back up and running. I have attached three documents from Energy Kidz, which gives details about their provision and how to book your child in, if you would like them to attend.

Mental health charity

The Diocese of London have launched a new partnership with the mental health charity [Shout](https://giveusashout.org/) to provide access to free 24/7 text support, the information for which they have shared with schools and would like to be shared with families too. They provide resources and support for anybody who may be struggling with their mental health. Please find the link to website below:

<https://giveusashout.org/>

Wishing you all an enjoyable weekend.

Best wishes,

Cristina King

Head of School

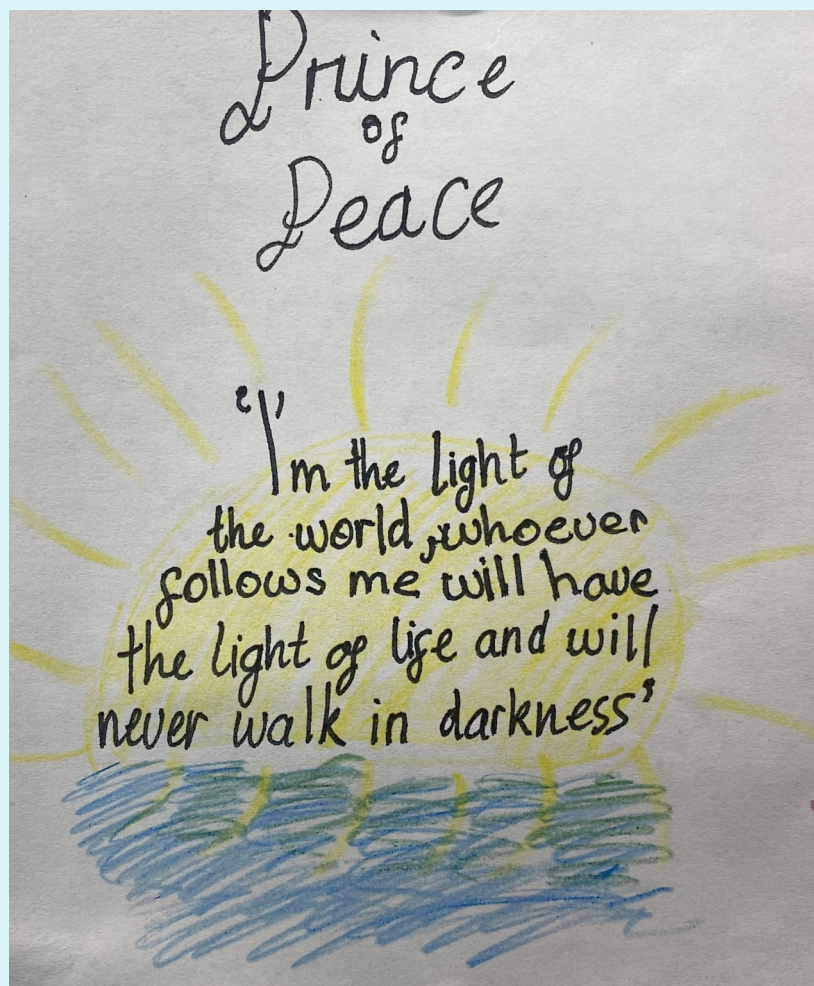
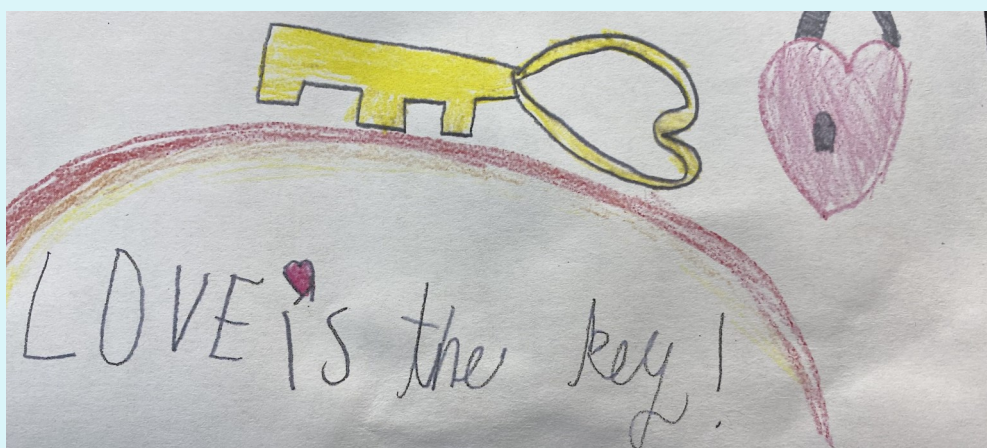


Newsletter

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This work is from Tanisha and Kaisha in year 4. They were symbolising a phrase that is important to them in RE, thinking about the Sikh symbol for Ik Ongar (there is one God).





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The children in Reception are really enjoying their new topic on Space and the planets. Look at how much they are enjoying the new set up in their classroom!





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In Palm class, as part of their PSHE work, the children have been looking at the theme of not being alone. Aneeka Haque wrote a very emotive poem on this topic, and Maya Adamczyk wrote a lovely longer piece.

You are not alone. ✖
I am here with
you. Though we
are far apart.
You're always
in my heart.

We're not
close anymore,
But I'll be here
if you need me.

If you are alone,
I'll be your shadow.
If you want to
cry, I'll be your
shoulder. If you
are not happy,
I'll be your smile.
If you need me,
I'll always be there.

You are
not alone.
AND I
BELIEVE
IN YOU.

Be brave
you are not
alone in this.



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I'm not Alone.

"I'm not alone" is what my mother would tell me to think if I was worried or stressed. The very term of alone could only really be used if you were stranded on some island in the middle of the ocean so everyday no matter what time it is or what day I always repeat to myself "I'm not alone" I simply do this to remind myself that I always have someone or something there to help me if I am experiencing anything that I would not necessarily want to like anxiety or simply being alone.

I often daydream while looking out my window when I get home from school sometimes, I see the mail man dressed in his red hat and coat delivering letters or our neighbour walking along the street with her dog its name is Brian I sometimes play with him on my way to school he brings a bit of light to my day but one day the "light" that Brian gave me wasn't enough to help me with my day you see I get bullied a lot in school and today I got really hurt by what a girl had said to me. going back to class after break I was feeling really hurt when I got up to my class the teacher said we were doing a maths test now normally I'm really good at math but because my brain was just focusing on what the girl had said to me, I couldn't remember anything so there I sat tapping my pencil on the table. I thought to myself for a long time, but my mind was completely blank a few minutes later my friend whispered in my ear "you're not alone" and those 3 words changed me completely I suddenly remembered about what my mother had told me to think when I was in a bad situation thanks to that my day got a lot better.

Another story is when I went swimming at our local swimming pool, I did dare with my cousins to go off the highest diving board it took me a long time to get up there doubting my choice with every step. When I got to the top, I watched all the tiny figures moving down in the water and sook violently I felt the board bouncing under my feet and the cold metal bars which couldn't let go I felt cold and frozen I then at that moment thought "I'm not alone" once aging this is an example of the wonders a simple phrase can do it can completely change a person way of thinking like jumping off a diving board or doing a maths test and at that moment I realized that saying that. Because saying those 3 words has changed my life and it will for many others. Sometimes I look out of my window and think. Because I am Maya Adamczyk

I'm not alone by Maya Adamczyk a story of overcoming fear.