



**Energy Kidz will continue to be here for you throughout lockdown
with our Term Time School Clubs!**

In light of the recent government announcement regarding the new lockdown measures across the UK – Energy Kidz would like to extend their best wishes to all families during these uncertain times and would like to reassure parents and families that as the **Trusted Childcare Provider** throughout the pandemic and after liaising with your school, they are delighted to confirm that **Energy Kidz Clubs are still here for you** this Autumn Term as they continue to operate safely at our school.

The health and wellbeing of children has never been more important than now. With many facilities unavailable – Energy Kidz are determined to continue having a positive impact on children's lives as their action packed services remain available to families throughout the impending lockdown and beyond.

You can secure your spot for the second part of the Autumn Term at their Term Time Club and give your child something to look forward to by securing a spot at their highly anticipated Winter Camps at <https://www.energy-kidz.co.uk/>. Find out more below!

A Word from Energy Kidz...

Our work with the DFE and continued operation throughout various stages of lockdown has allowed us to develop market leading safe practice which provides children with invaluable experiences that enable every child to get active whilst empowering them with an enhanced sense of wellbeing and confidence. Following the recent government announcement – childcare services and schools remain open! Therefore, Energy Kidz Clubs will continue to deliver fundamental child experiences that have proven to not only keep children safe but ensure children can access integral social, physical and mental childhood experiences, socially, in a fun and engaging environment.

Don't let your child miss out on Term Time School Clubs this Winter...

As the UK's Trusted Provider throughout the pandemic we are determined to continue supporting children with **safe spaces** to enjoy an **engaging environment** that provides opportunities for **valuable social interactions** and **fun packed activities** to be enjoyed with friends in a club setting. To ensure your child doesn't miss out this November, we encourage all our parents to book their child's place at their Term Time school club today! Don't let your child miss out on all the benefits an Term Time School Clubs can bring...

TERM TIME CLUBS

PROVIDE OPPORTUNITIES TO:

- ✓ Enhance Wellbeing - reduce stress, anxiety and increase activity #WellbeingWarriors
- ✓ Engage in fun activities outside of the school day or home environment
- ✓ Enjoy a change of scenery during lockdown
- ✓ Experience positive social interaction with friends
- ✓ Provide parents with peace of mind that children are safe and having fun
- ✓ Build confidence during this challenging time through fun activities
- ✓ Keep active with a wide range of activity options
- ✓ Take part in sport and activity with limited options outside of school available
- ✓ Give children fun activities to look forward to
- ✓ Access affordable and safe childcare

Book Now

www.energy-kidz.co.uk | 0333 577 1533 | info@energy-kidz.co.uk

Energy Kidz is a leading provider of out of school childcare with Breakfast, After School and Holiday Clubs for primary aged children. Energy Kidz is part of Junior Adventures Group.

#WELLBEINGWARRIOR CHALLENGES



Has your child got what it takes to become the ultimate Wellbeing Warrior? With lockdown upon us - we are taking children's wellbeing into our own hands by once again, providing opportunities to experience a shelter of positivity as we encourage all families to become Energy Kidz #WellbeingWarriors.



Look out for our celebrations of the Festival of lights that will be brightening up your local club, share actions of kindness amongst friends as we raise awareness through anti-bullying week and with the festive period upon us, make sure you join us right through until the latter part of the term where we get stuck into the festivities with some winter challenges and hand made gifts for the season of giving... plus more this term with our weekly #WellbeingWarrior Challenges.

ACTIVITIES FOR FAMILIES TO TRY...



Here at Energy Kidz we understand that these are challenging times to keep children entertained, active, and engaged – whether this be during the week or at the weekend and therefore we are delighted to be here with some activities you may wish to take on! Join us before and after school weekdays or try these at home!



CATCH OR DROP!

You will need a soft ball or object - the adult/ activity leader stands in front of the child with the ball.

If the adult/leader says 'DROP' the child must 'CATCH' the ball! If they say 'CATCH' the child must drop the ball... It's a brain training masterclass! Forfeits for both the leader and child recommended! 10 push ups? 10 star jumps? Get creative and make up your own!

TRY IT AT HOME OR EXPERIENCE IT AT YOUR LOCAL CLUB!

You will need paper plates and arts & crafts resources.
Show photos of the children displaying different emotions and ask the children if they can identify them. Ask them:

Why the child might be feeling this way?

What makes them feel this way?

What might make others feel this way?

What they can do to help or support a child that may be feeling a negative emotion.

Ensure children understand that it is ok to 'feel their feelings'.

Ask the child to use the paper plate to make a face of how they are feeling. Lay the resources out on the table and allow the children to create their own faces, allow them to be the creators, if it has a mouth on its head that is ok because that is what the child wanted to do.



EMOTION FACES



Energy Kidz are delighted to announce that our [Winter Clubs](#) are now available to book at a number of our host venue schools. This Winter Holidays, we want to provide children with something to look forward to post lockdown as we promise to be delivering a few weeks of jam-packed activities that are safe and engaging for all children. Let us be your child's safe space this Winter and book now!

We are excited to announce that we have already confirmed a number of Winter Holiday Club venues and they are available to book now! We are committed to provide children with an another highly anticipated holiday to remember with our Winter Clubs. You can find your nearest venue at: <https://www.energy-kidz.co.uk/holiday-club/>

Give your child something to look forward to this Winter and Claim a cool 10% off your local Winter Camp booking by using code: **EBWINTER10**



Please note – we plan to run all of our venues listed, however if due to the current climate a venue has to be cancelled parents will be provided with a full refund.



Booking Information & FAQ's

Secure your child's place for the Autumn term! Bookings are now open across the Term Time School Club with spaces filling fast – don't miss out!

Parents can book online at <https://bookings.energy-kidz.co.uk/Identity/Account/Login> where they will need to create an account if they haven't already. Once created you can select your school club at book your required days!

Booking Help Required? Check out our helpful video tutorials which ensure securing your child's spot is a quick and easy process!

[WATCH: How to create an account](#)

[WATCH: How to make weekly bookings](#)

[WATCH: How to make an ad-hoc or regular booking](#)

If you have any queries or would like any further assistance with account creation or registering your child(ren) please do not hesitate to get in touch with us info@energy-kidz.co.uk, or alternatively call our friendly customer service team on 0333 577 1533.

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