

# HALAL THREE WEEK MENU SPRING/SUMMER 2022

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY





# WEEK 1 MENU

W/C: 18/04, 09/05, 06/06, 27/06,  
18/07 19/09, 10/10

**Chartwells**  
So much more than fantastic food

## MONDAY

### Hot Main Dish

**Caribbean Style Coconut Curry**  
with Rice

### Alternative Dish

**Macaroni Cheese**  
Cheesy macaroni

### Salads

A Selection of Fresh Salads  
Including lettuce, cucumber,  
tomato, grated carrot

### Jacket Potato

**Jacket Potato**  
with a choice of fillings

### Pasta

**Tomato Pasta**  
A delicious fresh, homemade  
tomato sauce with penne pasta

### Vegetables

**Green Beans and Sweetcorn**

### Desserts

**Raspberry Ripple Ice Cream**

## TUESDAY

**Chicken Korma**  
with Rice

**The Incredible Burger**  
with Potato Wedges

A Selection of Fresh Salads  
Including lettuce, cucumber,  
tomato, grated carrot

**Jacket Potato**  
with salmon mayonnaise and a  
choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade  
tomato sauce with penne pasta

**Peas and Broccoli**

**Secret Brownie**

## WEDNESDAY

**Roast Chicken with Roast Potatoes**  
and Gravy  
Succulent roast chicken with fluffy  
roasties and tasty gravy

**Quorn Roast**

A Selection of Fresh Salads  
Including lettuce, cucumber,  
tomato, grated carrot

**Jacket Potato**  
with a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade  
tomato sauce with penne pasta

**Carrots and Cabbage**

**Shortbread Biscuit**  
with Fruit Slices

## THURSDAY

**Lamb Keema Curry**  
with Rice

**Quorn Sausage**  
with Potato Wedges

A Selection of Fresh Salads  
Including lettuce, cucumber,  
tomato, grated carrot

**Jacket Potato**  
with a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade  
tomato sauce with penne pasta

**Broccoli and Sweetcorn**

**Berry and Peach Oaty Crumble**  
with Custard

## FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers and  
scrummy chips

**Quorn Dippers and Chips**  
Crispy Quorn nuggets

A Selection of Fresh Salads  
Including lettuce, cucumber,  
tomato, grated carrot

**Jacket Potato**  
with a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade  
tomato sauce with penne pasta

**Baked Beans and Peas**

**Lemon Slice**

SPRING/SUMMER 2022

**PACKED LUNCH-AVAILABLE DAILY**  
HAM OR CHEESE SANDWICH OR DAILY SPECIAL  
WITH VEG STICKS AND FRESH FRUIT OR  
BEAN YO YO OR DESSERT OF THE DAY

**AVAILABLE EVERY DAY**  
WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

Internal

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice




# WEEK 2 MENU

W/C: 25/04, 16/05, 13/06, 04/07, 05/09,  
26/09, 17/


**Chartwells**  
So much more than fantastic food

## MONDAY

### Hot Main Dish

**Vegetable Biryani** 

### Alternative Dish

**Chinese Veggie Noodles** 


### Salads

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

### Jacket Potato

**Jacket Potato**  With a choice of fillings

### Pasta

**Tomato Pasta**  A delicious fresh, homemade tomato sauce with penne pasta

### Vegetables

Carrot Sticks and Cucumber Sticks

### Desserts

**Apple and Berry Crumble & Custard** 

## TUESDAY

**Chicken Korma with Rice**

**Vegetable Lasagne** with a Garlic & Herb Bread Wedge 

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

**Jacket Potato**  With a choice of fillings


**Tomato Pasta**  A delicious fresh, homemade tomato sauce with penne pasta

Peas and Broccoli


**Fruity Flapjack Bar** 


## WEDNESDAY

**Roast Turkey with Roast Potatoes and Gravy**  
Succulent roast turkey with fluffy roasties and tasty gravy


**Sweet Potato Chickpea Roast** 

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

**Jacket Potato**  With a choice of fillings

**Tomato Pasta**  A delicious fresh, homemade tomato sauce with penne pasta

Carrots and Cabbage

**Banana and Carrot Slice** 

## THURSDAY

**Macaroni Cheese** 

**Red Lentil Dhal with Bombay Potato** 

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

**Jacket Potato**  With a choice of fillings

**Tomato Pasta**  A delicious fresh, homemade tomato sauce with penne pasta

Green Beans and Sweet corn


**Fruity Chocolate Brownie** 


## FRIDAY

**Lerk Chicken with Chips**

**Quorn Dippers** 

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

**Jacket Potato**  With a choice of fillings

**Tomato Pasta**  A delicious fresh, homemade tomato sauce with penne pasta

Baked Beans and Peas

**Vanilla Ice Cream**

SPRING/SUMMER 2022

**PACKED LUNCH-AVAILABLE DAILY**  
HAM OR CHEESE SANDWICH OR DAILY SPECIAL  
WITH VEG STICKS AND FRESH FRUIT OR  
BEAR YO YO OR DESSERT OF THE DAY

**AVAILABLE EVERY DAY**  
WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

Internal



# WEEK 3 MENU

W/C: 02/05, 23/05, 20/06, 11/07, 12/09, 03/10

**Chartwells**  
So much more than fantastic food

## MONDAY

### Hot Main Dish

**Macaroni Cheese**  
Cheesy Macaroni Pasta

### Alternative Dish

**Veggie Pasta Bolognese**

### Salads

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

### Jacket Potato

Jacket Potato  
With a choice of fillings

### Pasta

**Tomato Pasta**  
A delicious fresh, homemade tomato sauce with penne pasta

### Vegetables

Peas and Carrots

### Desserts

Catie Biscuit with Fruit Slices

## TUESDAY

**Chinese Chicken Noodles**

**Veggie Balls in Tomato Sauce**  
with Pasta

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

Jacket Potato  
With a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade tomato sauce with penne pasta

Sweetcorn and Broccoli

**Pineapple and Peach Crumble**  
with Custard

## WEDNESDAY

**Jerk Chicken**  
with Potato Wedges

**Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy**  
A chunky butternut squash and potato slice

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

Jacket Potato  
With a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade tomato sauce with penne pasta

Carrots and Cabbage

Strawberry Ice Cream

## THURSDAY

**Lamb Lasagne with a Garlic & Herb Bread Wedge**

**Veggie Korma**  
with Bombay Potato

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

Jacket Potato  
With a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade tomato sauce with penne pasta

Green Beans and Sweet corn

Chocolate Sponge Cake

## FRIDAY

**Battered Fish Fillet**  
and scrummy chips

**Quorn Dippers**

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

Jacket Potato  
With a choice of fillings

**Tomato Pasta**  
A delicious fresh, homemade tomato sauce with penne pasta

Baked Beans and Peas

**Cheese & Biscuits Cheddar Portion**

SPRING/SUMMER 2022

**PACKED LUNCH-AVAILABLE DAILY**

HAM OR CHEESE SANDWICH OR DAILY SPECIAL  
WITH VEG STICKS AND FRESH FRUIT OR  
BEAR YO YO OR DESSERT OF THE DAY

**AVAILABLE EVERY DAY**

WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

**Vegetarian**

**Oily fish**

**Wholegrain**

**Fruity!**

**Nutritionist's Choice**

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