



# VIRTUAL AUTISM COFFEE MORNING

For Parents and Carers that have a child diagnosed with Autism

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***The coffee morning will be delivered in English and Bengali***



***Join to meet other parents and to share your experiences, ideas and support about the following topics:***

**TUESDAY 1ST FEBRUARY: DAILY LIVING SKILLS E.G. BATHING, DRESSING  
TIME: 10AM - 11.30AM ON ZOOM**

**TUESDAY 1ST MARCH: STRATEGIES TO SUPPORT BEHAVIOUR  
TIME: 10AM - 11.30AM ON ZOOM**

**TUESDAY 29TH MARCH: TRANSITION TO ADOLESCENCE  
TIME: 10AM - 11.30AM ON ZOOM**

**These coffee mornings will be run by DCOS  
(Disabled Children's Outreach Service)**

**If you would like to attend please email  
DCOS.INFO@towerhamlets.gov.uk  
for the zoom link to join the coffee morning**

