

# Family Fun!

Ideas to support learning, play and well-being

## Create your own Jigsaw Puzzles

Puzzles are not only fun, but also build problem solving and cognitive abilities.

1. Have your children make their own puzzles by drawing on a cardboard, painting or colouring their picture. Or by collaging cut outs from magazines, comic books, or newspaper.
2. Outline puzzle pieces on the finished pictures, cut them out, and have each child put together either their own or another child's puzzle.



## Paper Plate Frisbee



### Create a paper-plate Frisbee

You will need:

- Two paper plates for each Frisbee.
- Colourful markers or crayons
- Scissors
- Clear tape

1. Cut a circle out of the centre of each plate.
2. Turn the plates upside down and use markers or crayons to decorate as you wish.
3. Place both plates, decorated side facing up, onto the work surface. Using the sellotape or masking tape, stick the sides together. Once you have secured the sides you are ready to play the Frisbee game.
4. Use water bottles, cans or jars to see if you can throw your Frisbee on to them.



## Pots and Socks Game

- All you will need is three pots (cooking pots, unused plant pots, boxes) and clean rolled up socks.
- Place the pots at one end of the room and take in turns to see how many socks you can get into the pots.
- Whoever scores the highest wins.

