

Asthma Review

Book an **ASTHMA REVIEW** every year!

It's a time to talk - write down any questions before your appointment. What do you want to know about asthma?



Let's talk about your asthma!



It is very important that you take all your asthma information into school and nursery. Share it with everyone who looks after you.



#AskAboutAsthma

Download Monkey's free wheeze plan and symptom diary on www.monkeywellbeing.com

