



# Triple P – Positive Parenting Programme

## Managing Children’s Behaviour

### -Parent Discussion Groups-

Do you need help encouraging the right behaviours from your child?  
Have you had enough of the fights and squabbles between siblings?

**Join one of our discussion groups for parents with children aged two – 11 years old where you can share your experiences, increase your confidence and learn some simple strategies for improving your child’s behaviour.**

Discussion Groups are a series of short sessions that help parents to develop a positive approach, using simple strategies you can put into practice straight away.

**See below for upcoming topic:**

Topics	Date	Time	Location
Managing Fighting and Aggression	Friday 10 <sup>th</sup> December 2021	10am-12.30pm	Online - zoom

For more details and to book your place please email [parenting@towerhamlets.gov.uk](mailto:parenting@towerhamlets.gov.uk) or call 020 7364 6398

