

Does your child have difficulties following rules?



Does your child have frequent tantrums?



Is your child a bit shy and nervous?



Is your child scared of trains, buses or animals?



If so, maybe we can help! Parents will be offered 8-10 one-to-one sessions with an Education Wellbeing Practitioner.

Anxiety (ages 5 – 11) and behaviour (ages 4 – 8) sessions for parents will involve learning basic behaviour management strategies and techniques to enable parents to feel more confident in responding to their child's worries and/or behaviour.

Please turn over and return this application form to the staff member who gave it to you. Alternatively, you can send it to:

**Tower Hamlets Education Wellbeing Service
Children & Young People's Centre
16-18 Greatorex Street
E1 5NF
Tel: 020 7426 2375**



Tower Hamlets Education Wellbeing Service Application Form – Primary School Age

Name of Child		Gender	M/F (please circle)
Date of Birth		Date form completed:	
Name of Parent/Carer			
Ethnicity		Interpreter required?	Yes/No (please circle)
First Language			
Home address			
Phone Number			
School Name			
GP Name			
GP Practice Address			
<u>Referred by</u>	Self (parent) <input type="checkbox"/> Other <input type="checkbox"/> Please enter name and role		

Which course are you interested in?

- Parent support for children under 8 with mild behavioural difficulties
- Parent support for children with mild anxiety or worries
- I am interested, but would like more information first. Please can I receive a telephone call to find out if this is right for me

Please give a brief summary of the difficulties you and your child are experiencing:

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