



Swimming Lesson Risk Assessment

Facility:	St. Luke's CE Primary School Swimming Pool	Date:	23.11.2022	Completed By:	Anna Adamczyk
Risk Assessment:	'Non-Swimmers'/Beginners Swimming Lessons			Reference No:	

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<p>Contracting COVID-19</p> <p>On 19th July 2021 the governments guidance regarding Covid -19 has changed, and existing restrictions eased. Swimming lessons in England can return to pre-COVID codes of practice. However, we need to remain observant, work together and help reduce the spread of COVID-19 and mitigate the risk of a resurgence.</p>	<p>Staff Children</p>	<ul style="list-style-type: none"> All children involved in St. Luke's swimming lessons and the members of staff (from St. Luke's CE Primary School, Harbinger PS) are informed that if they have any signs or symptoms of COVID-19, they are not to enter the swimming facility or attend swimming lessons. Anyone with COVID-19 symptoms such as: <ol style="list-style-type: none"> A new continuous cough A high temperature A loss of, or change to sense of smell or taste Are advised to stay at home and self-isolate in line with government guidelines https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPsxHoCw2gvgmcMbtJckwhfpkks Further guidance added to Covid-19 school risk assessment and advertised on school website. 	

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COVID-19	Staff Children	<ul style="list-style-type: none"> • Appoint a COVID-19 officer. In our case that is our Executive Head Teacher- Rebecca Abrahams. • Communicate the name of the nominated COVID-19 officer to all staff and to all other schools involved in swimming at St. Luke’s Swimming Pool. • All schools involved in St. Luke’s swimming to receive a copy of the swimming Risk Assessment and a visitor’s guide. 	
COVID-19 – Teacher protection	Staff	<ul style="list-style-type: none"> • All staff updated on new policies, procedures (i.e. School Covid-19 Risk Assessment available from school website, general school risk assessment, Staff Handbook) and methods of class delivery. Practical guidance provided in terms of how to adapt lesson plans and still meet lesson criteria. • Swimming teacher trained on COVID-19 awareness, employee safe workplace practices, for hand washing and staying at home if ill and reporting illnesses. • The Swimming teacher has appropriate training qualifications for the teaching of swimming and additional health and safety training as well as First Aid training. • A meeting is undertaken with teachers within the first few weeks of swimming lessons re-starting so that practices and procedures can be reviewed, and appropriate adaptations and amendments can be made, as necessary. 	
Physical Environment – poolside including changing rooms	Staff Children	<ul style="list-style-type: none"> • Provision of signage to indicate entry/exit to swimming pool. • Only children from one class will be swimming together. • The maximum number of swimmers in St. Luke’s School Swimming Pool is up to and no more than 15 per session. • The most practical way for children to enter and leave poolside has been established and will be shared. 	

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		<ul style="list-style-type: none"> • Children with members of staff arrive 15 minutes early in the first week so that site specific procedures can be explained. • Particular attention is paid to ensuring that hats are on securely prior to the lesson, goggles are adjusted, all pupils showered before entering the pool area and after the swimming session. • Children are not to attend the swimming session if they are unwell. • No equipment (towels, costumes, hats, goggles) to be lent to the swimmers by the swimming teacher. • Groups of children are taking part in swimming lessons only in their class or age group. • Hand washing facilities for staff and swimmers located in changing rooms (toilet area) and hand sanitizing station is located by the main entrance to the swimming pool building. 	

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<p>Risk of drowning Risk of drowning due to weak or non swimmer ability</p>	<p>Staff Children</p>	<ul style="list-style-type: none"> • The Swimming teacher has appropriate training qualifications for the teaching of swimming and additional health and safety training as well as First Aid training. • The additional adult will be by the pool observing throughout the lesson and the Swimming teacher may well be in the water with the children or also at the side depending on the age and ability of the children and the activity at that particular moment in time. • If children have assigned 1:1 support from their EHC plan, their 1:1 must be present throughout swimming activity. • The Swimming Teacher always keeps a woggle to hand, so a reach rescue can quickly be administered. • The teacher may determine that for certain classes it is safer and more productive for the teacher to be in the water to assist with confidence, ensure the correct use of equipment (particularly woggles and floats) and demonstrations. • Pool rescue equipment is in place and is checked daily by the Swimming Teacher. • The Swimming Teacher is informed of any class participants with medical conditions. Medical conditions are recorded on class register as appropriate. • The preservation of human life takes precedent. If a swimmer is in difficulty, a lifesaver must respond quickly and where required, perform CPR (see COVID-19 CPR protocols from the UK Resuscitation Council). 	
<p>Personal Injury / First Aid – access and availability to first aid equipment</p>	<p>Staff Children</p>	<ul style="list-style-type: none"> • The Swimming teacher has appropriate training qualifications for the teaching of swimming and additional health and safety training as well as First Aid training. • First aiders have easy access to First Aid supplies. 	

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		<ul style="list-style-type: none"> • First Aid equipment is kept in the swimming pool along with First Aid blankets if the swimming pool has to be evacuated when the children are swimming. • Adequate supplies of PPE are available in the Swimming Pool area. • Staff to be updated on latest COVID-19 guidance with adequate training and awareness relating to First Aid (Please refer to Covid-19 School Risk Assessment available from the school website and from Health and Safety Lead Jess Tough or from Rebecca Abrahams, our Executive headteacher). 	PE lead to share Swimming Risk Assessment with Lead First Aider to ensure content is included in First Aider training.
Personal Injury – entry/exit from the pool	Children	<ul style="list-style-type: none"> • Signage – pool rules and caution signs (i.e. slippery floor, mind the step) clearly displayed. • The additional adult will be by the pool observing throughout the lesson and the Swimming teacher may well be in the water with the children or also at the side depending on the age and ability of the children and the activity at that particular moment in time (i.e. entering and coming out of the swimming pool, jumping from the poolside). • Good housekeeping. • Pool layouts such as access to the swimming pool where the lesson is to be taught has been considered and communicated to all staff involved in swimming lessons. 	
Emergencies	Staff Children	<ul style="list-style-type: none"> • Appropriate rescue equipment in place. • Fire evacuation procedures are available in the swimming pool and all staff and children are aware of what to do in the event of an emergency. • There is a phone operating in the Swimming Pool so that the school can notify the staff in the pool of an emergency in the school and similarly, if there is an issue in the pool, the staff can notify the school, asking for help where 	Leader for PE to make sure the staff in the office know to send two people.

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		<p>necessary. If the school is contacted regarding an emergency, a minimum of two staff (at least one of whom must be First Aid trained) will be sent to the pool to assist. If needed, one of those staff will assist removing as many children as possible from the pool and the other will assist the Swimming Teacher.</p> <ul style="list-style-type: none"> • In case of evacuation (assembly point outside of the swimming pool- forest area) children to leave the swimming pool building with their towels and First Aid blankets to keep warm outside. • Please refer to evacuation procedures in 'Staff Handbook', page 15. • AED in place (school office); 	
Other Medical Conditions	Staff Children	<ul style="list-style-type: none"> • The Swimming Teacher is informed of any class participants with medical conditions (and lifeguards are made aware also). Medical conditions are recorded on a class register. • Assistance/support in the water may be required for children with specific conditions such as ADHD, Autism, ADD, ODD. 	Swimming teacher must liaise closely with Lead First Aider.
Risk of Missing or Lost Child	Children	<ul style="list-style-type: none"> • The additional adult will be by the pool observing throughout the lesson and the Swimming teacher may well be in the water with the children or also at the side depending on the age and ability of the children and the activity at that particular moment in time. • The Swimming teacher regularly counts the number of children arriving at the pool, getting changed, entering the pool area, getting into the pool, getting out of the pool, getting changed again and returning to the classroom. • Access control. • Safeguarding training for staff. • Children from the lessons are not permitted to leave poolside unaccompanied. 	

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		<ul style="list-style-type: none"> • Please refer to 'Missing Child Procedure' in 'Staff Handbook' page 17. 	
Safeguarding	Children	<ul style="list-style-type: none"> • Safeguarding training provided for all staff. • If a member of staff has any safeguarding concerns, Safeguarding Procedure should be followed. • Safeguarding officers: Rachel Harvey (DSL) Rebecca Abrahams, Christine Collins (DDSLs). • All swimming teachers, class teachers and support staff are DBS checked. • Girls and boys have separate changing areas. • If a child needs to use the shower without their clothing, staff will comply with the school's Intimate care policy and take every precaution to protect the child's dignity. 	
Equipment – risk of impact injuries from use of teaching aids or equipment.	Staff Children	<ul style="list-style-type: none"> • Faulty equipment will be disposed of by the Swimming Teacher or in case of larger items (benches, handrails etc.), Premises Manager will be informed. • Pre and post swimming session inspections of equipment by the Swimming Teacher. • Flotation aids are the correct size for the pupil. • The Swimming Teachers keeps and maintains the swimming equipment i.e. woggles, floats. • Children should be reminded not to put any floating equipment or toys in their mouth. • A plan is in place for the use and disinfection of teaching equipment and toys. • Used equipment will be rinsed thoroughly with a hose by the Swimming Teacher. • Equipment usage is controlled within / in between lessons, such as not sharing with other lesson participants; 	

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		<ul style="list-style-type: none"> Two separate sets of equipment are used for alternate lessons (while one is being used, the other is rinsed by an appointed member of staff); 	
<p>Hygiene/Cleanliness/Housekeeping – in addition to general cleanliness, the added risk of contracting COVID-19</p>	<p>Staff Children</p>	<ul style="list-style-type: none"> All children attending swimming sessions will be encouraged to shower before and after swimming. Before children use the showers, the staff will check the water temperature. The Premises Manager, Health and Safety Leader and PE Leaders all have up to date training for the safe maintenance of the pool including the use of chemicals. The water in the pool is tested daily for the levels of chemicals in the water and its temperature. The enhanced cleaning regime includes changing rooms, poolside and poolside benches as per the revised cleaning schedules (straight after morning sessions and after afternoon sessions). Pool steps, handrails etc. are frequently cleaned as part of the revised cleaning regime. Staff undertaking cleaning wear suitable PPE as per government guidance. Toilets are cleaned thoroughly and regularly. The circulation of outside air is increased as much as possible by opening windows and / or doors (however do not so if posing a safety risk to staff or swimmers and need to consider the temperature for, or on, any young swimmers). Regular cleaning of all areas that has been identified as frequently touched (main entrance, corridor, changing rooms, toilet areas, poolside benches, pool ladders and 	<p>SBM and SM to ensure that additional cleaning in place for the school includes the Swimming Pool.</p>

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		rails)- 2 times daily- in the morning and after afternoon swimming. <ul style="list-style-type: none"> • Trained cleaning staff allocated. 	
Transmission of COVID-19 from the physical environment such as changing rooms	Staff Children	<ul style="list-style-type: none"> • The number of swimmers in changing rooms is limited. • Changing rooms are cleaned at each 'turnover' of use (after morning and after afternoon sessions). • Social distancing is recommended however due to school system, where children stay together in class and outside playing throughout the school day, the same system will be adopted for swimming lessons. Children from one class will be swimming together. • All children attending swimming sessions will be encouraged to shower before and after swimming. • Hand washing facilities for all pool users and members of staff located in the changing rooms (toilet area). • Hand gel/sanitizer is provided at entrance to the swimming pool building. • Children are asked to arrive 'activity ready' such as already dressed in their swimwear. • Clothes to be bagged and hung on hooks. 	