

PE and sport at St. Luke's

At St. Luke's we share the belief and understanding that there is a positive association between academic attainment and physical activity levels of children, and that pupils with better health and wellbeing are likely to achieve better academically (Public Health England 2014).

PE in our school allows the children to engage with sport and physical activities, increasing physical competence, health related fitness, self-discipline and responsibility as well as enjoyment of physical activity so they can be physically active for a lifetime.

PE and Sports Premium

Department for Education Vision for the Primary PE and Sport Premium

ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The funding has been provided to ensure impact against the following objective:

To achieve **self-sustaining improvement** in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision (above) that will live on well beyond the Primary PE and Sport Premium funding.

It is expected that schools will see an improvement against the following 5 key indicators:

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.**
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement.**
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.**
- 4. Broader experience of a range of sports and activities offered to all pupils.**
- 5. Increased participation in competitive sport.**

How to use the Primary PE and Sport Premium

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

This means that you should use the premium to:

- develop or add to the PE and sport activities that your school already offers
- make improvements now that will benefit pupils joining the school in future years

For example, you can use your funding to:

- hire qualified sports coaches to work with teachers
- provide existing staff with training or resources to help them teach PE and sport more effectively
- introduce new sports or activities and encourage more pupils to take up sport
- support and involve the least active children by running or extending school sports clubs, holiday clubs and [Change4Life](#) clubs
- run sport competitions
- increase pupils' participation in the [School Games](#)
- run sports activities with other schools

You should not use your funding to:

- employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of your core staffing budgets
- teach the minimum requirements of the national curriculum - including those specified for swimming (or, in the case of academies and free schools, to teach your existing PE curriculum)

PE and sport premium for primary schools

If your school receives [PE \(physical education\) and sport premium funding](#), you must publish:

- how much funding you received
- a full breakdown of how you've spent the funding or will spend the funding
- the effect of the premium on pupils' PE and sport participation and attainment
- how you'll make sure these improvements are sustainable

PE and Sport Premium Report 2016-2017

Total funding for St. Luke's Primary School £9248 (£5413 in November 2016 and £3835 in May 2017)

Allocation for funding: Tower Hamlets Youth Sport Foundation Partnership £9492

Key Indicator Outcomes	Action	Funding	Impact	Sustainability/ next steps
1.The Engagement of all pupils in regular physical activity – kick starting healthy, active lifestyles	<p>1.1. THYSF Curriculum Support in planning and delivering inclusive, enjoyable and progressive PE lessons.</p> <p>1.2. Ensuring wide range of extracurricular clubs through THYSF partnership and St. Luke’s staff engagement and parental contribution.</p> <p>1.3. Piloting the Daily Mile project with both year 4 classes as regular, everyday physical activity.</p> <p>1.4. Using Fit in 5 and Go Noodle as a short brain breaks or active day starters.</p> <p>1.5. Sainsbury’s School Games Award</p>	<p>1.1. and 1.2. £ 9492 paid to THYSF for curricular support, after-school provision twice a week and entrance to competition as well as support in planning and delivering high quality PE,G&T programs.</p> <p>1.3.No cost</p> <p>1.4. No cost</p> <p>1.5. No cost</p>	<p>1.1.THYSF partnership resulted in many class teachers being supported in planning and delivering high quality PE lessons in areas like: dance, gymnastics, tennis, rugby, cricket, badminton, making it more enjoyable and effective for all pupils.</p> <p>Children have increased their confidence and enjoy participating in PE lessons.</p> <p>1.2. Extracurricular clubs provided for pupils in 2016/2017 on half termly basis to ensure wider impact: badminton, tennis, basketball, multi sports, rugby, handball, cricket, dance, zumba, inline skating, hockey, football, playground leaders club, swimming.</p> <p>Only in second half of Summer Term we have had nine, free of charge, extracurricular clubs, engaging over 130 children (see registers) in regular physical activity (KS1 and KS2).</p> <p>Children have enjoyed the range of sports offered, especially badminton, zumba, multi sports, cricket.</p> <p>1.3.Both year 4 classes took part in Daily Mile project (Healthy Schools Silver Award achievement). All children participating noticed positive impact of regular physical</p>	<p>1.1.Continue with THYSF partnership</p> <p>1.2. Continue providing wide range of extracurricular sport clubs for children, especially those sessions organised by St. Luke’s staff and with parental engagement.</p> <p>1.3. After success of Daily Mile project, it will be relaunched with the beginning of next academic year (2017-2018) across all KS2 classes.</p> <p>1.4. Encourage all teachers to use Fit in Five and Go Noodle</p> <p>Next steps:</p> <ul style="list-style-type: none"> * introducing Fit in Five in French to encourage cross curricular learning. * launching ‘Take 10’ as a daily, short burst of physical activity for all KS1 classes, using variety of equipment. It will give all children a daily opportunity to be healthy, active and fit as well as improving co-ordination and concentration (investing in new equipment for the project). * to start partnership with Engage to Compete- Fit for Sport (great support in engaging and educating all and upskilling staff, also

			<p>activity on their body and mind (improved stamina and motivation to keep trying).</p> <p>1.4. All teachers introduced and encouraged to use Fit in Five and Go Noodle as short brain breaks or active day starters for the whole class.</p>	<p>focusing on more active and structured lunchtimes).</p> <p>* there is a growing need for investing and developing fit for purpose sporting infrastructure: playground marking; resurfacing of one of the playgrounds to make it safe to be used; possible roof installation over one of the playgrounds to make it fit for use all year round regardless of the weather;</p>
<p>2. The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<p>2.1.Ensuring all children have at least one quality PE session per week and most children have two PE sessions per week (including swimming) by utilizing THYSF and the curriculum support. It will lead to more competent and confident teaching staff, happier, more active children and more participation in competitions, tournaments.</p> <p>2.2. G&T testing</p> <p>2.3.Continuing to develop a team of sport leaders to enhance playtime/ lunchtime clubs.</p> <p>2.4. Working in close partnership with Tower Hamlets Healthy Lives Team in raising the profile of PE and sport being raised across the school by working on 2 projects: Daily Mile (Year 4's) and Leyton Orient Premier League Primary Stars (Year 5 class)</p> <p>2.5. Working in partnership with</p>	<p>2.1. and 2.2. Paid as part of the £9492 for THYSF partnership.</p> <p>2.3. No cost</p> <p>2.4. No cost</p>	<p>2.1.The THYSF curriculum team supported class teachers in planning and delivering of high quality PE.</p> <p>Through the THYSF teachers this year were supported in areas like:</p> <p>dance, gymnastics, rugby, tennis, cricket, badminton.</p> <p>Children have increased their confidence, notice that they are learning more and are very keen to participate in more competitions.</p> <p>2.2. Year 3 children identified as G&T through THYSF Sporting Diamonds testing were invited to take part in sport camps during half terms and school holidays.</p> <p>2.3.A team of staff members (Year 5 Teacher and PE-Coordinator) established playground leaders club focusing on a group of year 4</p>	<p>2.1.Striving to ensure two quality PE sessions p/w for all children.</p> <p>Continue with professional support in PE for teaching and support staff</p> <p>(CPD's, subscription to Association for PE, subscription to PEHub, afPE conferences etc., Engage to Compete – Fit for Sport)</p> <p>2.2. Continue with G&T program</p> <p>2.3. Playground Leaders (Sport Leaders) to start leading games during play time</p> <p>2.4. Continue to work in cooperation with Tower Hamlets Healthy Lives Team as well as establish cooperation with Leyton Orient Football Club aiming to raise</p>

	<p>Kick London providing after school mentoring through football sessions for group of children in Year 5 and 6.</p>		<p>children and gaining many practical skills around leadership and motivation as well as improving their fitness through various, fun games. Children are keen to take on the role of playground leaders next year.</p> <p>2.4. Both projects mentioned resulted in achieving 2 Healthy Schools Silver Awards, but most importantly had an extremely positive impact on all the children who participated in the projects: *raising their confidence, self-esteem, motivation. *highlighting importance and enjoyment of being physically active.</p>	<p>profile of PE and Sport across the school</p> <p>2.5.continue to work with Kick London</p> <p>Next step: *to establish School Sports Council to have pupils voice and let children have their input into planning for PE and sport in St. Luke's (how could the PE and sport provision in our school be improved) *school PE and School Sport display updated termly *include information about PE and School Sport (including main focus for the current term, extracurricular clubs, updates and highlights from sporting events)</p>
<p>3.Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>3.1.Professional support for teaching staff and PE coordinator from THYSF: *curriculum support *CPD's *1:1 support (ie. dance)</p> <p>3.2. Newly appointed PE coordinator to: * support staff in planning and teaching quality PE, make best use of THYSF support-identifying areas where support is needed; *preparing annual PE framework ensuring wide range</p>	<p>3.1.Paid as part of the £9492 for THYSF partnership.</p> <p>3.2. * £100 paid from school budget for Safe Practice in PE, School Sport and Physical Activity training.</p> <p>*£80 paid from school budget for purchasing resources for the CAAPS Programme (KS2</p>	<p>3.1. Teachers this year received curriculum support from THYSF coaches in areas like: Dance (year 4's, year 5, year 1's, year3's, year 6), gymnastics (year 1's, 2's, 3's,4's), rugby (year 2's,3's,4's,5,6), tennis (year 2's), cricket (year 4's,3's,5,6), badminton (year5 and 6).</p> <p>CPD's attended: *PE planning and delivery *PE in EYFS *Teaching Tennis in Primary School (Organised through LTA British Tennis)</p>	<p>Continue with professional support in PE for all staff next academic year: CPD's to be organised: * Safe Practice in PE, School Sport and Physical Activity training *OAA introduction (to be delivered by Jan Hickman, Clive Atkins) *Assessment in PE</p> <p>Staff will also be consulted on what areas of PE curriculum should they need more support and training where possible.</p>

	<p>of sports in line with National Curriculum guidelines;</p> <ul style="list-style-type: none"> * to organise intra-school and cluster level competitions and sport events; * establish cooperation with other organisations supporting schools in sport and promoting healthy, active lifestyle+ provide high quality training in PE and school sport for staff (Tower Hamlets Healthy Lives Team, Sport England, Association for PE, Leyton Orient Premier League Primary Stars, Engage to Compete) 	<p>Outdoor and Adventurous Activities)- part of new 2014 national curriculum modules in PE for KS2.</p>	<ul style="list-style-type: none"> * PE coordinator attended afPE training on Safe Practice: in PE, School Sport and Physical Activity. *PE Coordinator attended afPE Annual Conference in UEL 3.2. *Sports Day organised for EYFS, KS1 and KS2 *organised competition on cluster level: Football (boys year 6, girls year 6, boys year 5 and girls year 5, sports hall athletics) *established cooperation with THHLT and Leyton Orient resulted in Year 5 taking part in a great project (Primary Stars) throughout Summer Term , where one of the objectives was to raise class teachers confidence in teaching PE. The teacher's comments indicate raised confidence and more enthusiasms about teaching PE in the future. 	<ul style="list-style-type: none"> *To support all teaching staff with planning and delivery of high quality PE session and keep staff members up to date with the latest ideas, resources and research, subscription to: PE Hub, afPE (school annual membership), Fit for Sport. Continue the cooperation with Leyton Orient including upskilling staff. Support newly qualified staff with necessary training to raise their confidence in teaching PE. *Professional training for PE coordinator- Level 5 Certificate in Primary School Physical Education Specialism (awarding body: Sports Leaders UK) *Establish stronger connection with George Green Secondary School (local secondary school) aiming to organise training for staff led by PE professionals for GG.
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<p>4. Broader experience of a range of sports and activities offered to all pupils</p>	<p>4.1. Ensuring wide range of extracurricular clubs through THYSF partnership and St. Luke's staff engagement and parental contribution.</p> <p>4.2. While preparing annual PE framework ensuring wide range of sports in line with National Curriculum guidelines;</p> <p>4.3. Bikeability training for year 5 and 6.</p> <p>4.4. Regular swimming sessions (from Nursery through Reception, all KS2 children and years 3's, 4's).</p>	<p>4.1. Partially financed with £9492 for THYSF partnership.</p>	<p>4.1. Extracurricular clubs provided for pupils in 2016/2017 on half termly basis to ensure wider impact: badminton, tennis, basketball, multi sports, rugby, handball, cricket, dance, zumba, inline skating, hockey, football, playground leaders club, swimming (all free of charge). Clear progress visible between first and final session. Children try sports and activities they might otherwise not experience due to cost/lack of transport.</p> <p>4.3. 80% of Year 6 and 92% of year 5 completed level 2 Bikeability training.</p>	<p>4.1. Continue providing broad variety of extracurricular clubs utilizing THYSF partnership.</p> <p>* to broaden experience of a range of sports and activities offered, establish cooperation with Madchute Farm (horse riding) and Docklands Sailing Club to explore possibilities in organising water sport sessions for St. Luke's pupils.</p> <p>4.2. Based on National Curriculum guidelines introducing new module in KS2 PE curriculum- Outdoor and Adventurous Activities with new academic year 2017-18.</p> <p>4.3. Bikeability training already booked for years 5's and 6 for next academic year (2017-2018)</p> <p>4.4. Continuous swimming provision for EYFS, KS1 and years 3's, 4's</p> <p>*year 5 children to be provided with a term and half of swimming lessons in 2017-2018;</p> <p>*year 6's to attend intensive swimming course (two weeks)</p>
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				in second half of Summer term (2017-2018);
5.Increased participation in competitive sport	<p>5.1.Major role of THYSF partnership in organising a wide range of sport competition, tournaments and other sporting events. As a school buying into the partnership, our pupils get plenty of opportunities to participate in variety of sport events.</p> <p>5.2.G&T (Sporting Diamonds testing) program to help us identify talented children.</p> <p>5.3. All children receive regular invitations to trials taking place in local sport clubs (rugby, cricket, swimming, football, gymnastics)</p> <p>5.4. School Sport Days (EYFS, KS1 and KS2)</p> <p>5.5. Celebrating success</p>	5.1., 5.2., 5.3. funded as part of the THYSF partnership (£9492)	<p>5.1.St. Luke's pupils' participation in competition and sport events 2016-2017: Organised by THYSF: Football (boys and girls; cluster and borough levels), Cricket, Rugby, Cross Country (borough level), Athletics, Dance Festival, Swimming, Gymnastics (team of year3/4), Badminton, Neighbourhood Games. Organised through collaboration with local primary schools and secondary school: Football, Cross Country.</p> <p>Also: Fun Run at the Olympic Park. School Sports Days (whole school participation).</p> <p>Children have enjoyed competing, we have celebrated a good deal of individual and team success and have had children invited to join outside clubs as a result.</p> <p>5.2. Sporting Diamonds testing for year 3's and as a result 15 children from year 3's were invited to take part in sport camps during half terms and school holidays.</p> <p>5.4. All the children took part in sport day, being part of their</p>	<p>5.1., 5.2., 5.3. Continue to work with THYSF in this area to provide our children with wide range of sport events to participate in.</p> <p>Next steps:</p> <ul style="list-style-type: none"> *organise more intra- school competition *organise teams B and C to ensure more children get the opportunity to participate in competitive sport. *after children have taken part in a competition or sporting event, they complete a feedback form to express their experience; *part of PE and Sport Premium funding in next academic year should be spend on new school sport kits.

			<p>house team. We also had individual running races.</p> <p>5.5. celebrating success during Celebration Assemblies in School, school website, weekly newsletter, PE and School Sport display.</p>	
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