

Book list

Why Love Matter – how affection shapes a baby’s brain by Sue Gerhardt, Routledge

How to Talk so Little Kids Will Listen: A Survival Guide to Life with Children Ages 2-7 2017 based on the bestselling book for older children.

Feelings & Behaviour – a creative approach by Anni McTavish, Early Education

Prime Time, Personal, Social and Emotional Development, A key Person Approach to learning and Development, by Jo Blank and Gill Mathews 2017 Practical Pre-School Books

Useful tips here to help you support children with autistic spectrum disorders (ASD)

<https://www.learninglinks.org.au/supporting-children-with-asd-early-childhood/>

Children’s story books

Also try the website www.littleparachutes.com a great resource list of books for different situations

Books that support children to talk about feelings and emotions

In My Heart, A book of feelings by Jo Witek

Grumpy Bird by Jeremy Tankard

Ruby’s Worry and Ravi’s Roar by Tom Percival

I want my hat back by Jon Klassen

My Many Coloured Days by Dr Seuss

My Heart by Corinna Luyken

The Colour Monster by Anna Llenas

The Way I feel by Janan Cain

The Koala who Could by Rachel Bright

What are Feelings? Usborne Lift the Flap book

Sweep by Louise Greig & Julia Sarda

Books about bullying, arguments, not sharing

Bootsey Barker Bites by Barbara Bottner

Two Monsters, Not Now Bernard, David Mckee

MINE! By Hiawyn Oram & Mary Rees

Look what I’ve Got! Anthony Browne

The Squirrels who Squabbled by Rachel Bright

Kind by Axel Scheffler

Books about death & loss

Missing Mummy by Rebecca Cobb

No Matter What by Debi Gliori

Grandpa by John Burningham

Badger’s Parting Gifts by Susan Varley

Fred by Posy Simmonds

Frog and the Birdsong By Max Velthuijs

Mum and Dad Glue by Kes Gray

Goodbye Mog by Judith Kerr

Rabbityness by Jo Empson

Water Bugs and Dragonflies by Doris Stickney

I’ll Always Love You by Hans Wilhelm

Books about loneliness

Aldo by John Burningham

Lost and Found by Oliver Jeffers

A Lion in Paris by Beatrice Alemagna

The Very Lonely Firefly by Eric Carle

Beegu by Alexis Deacon

Needing a hero/ine

The Paper bag Princess by Robert N. Munsch

Isabel’s Noisy Tummy David McKee

Cannonball Simp and Borka, the goose with no feathers both by John Burningham

Katie Morag delivers the Mail by Mairi

Hedderwick

The Turtle and the Island – A folk tale from

Papua New Guinea retold by Barbara Ker

Wilson

Amazing Grace by Mary Hoffman

Books to sooth or reassure

Husherbye by John Burningham

Owl Babies Martin Waddell

Six Dinner Sid by Inga Moore

The Tiger who came to Tea by Judith Kerr

Books about prejudice

Frog in Love *and* Frog and the Stranger Max Velthuijs

Amazing Grace and An Angel just Like Me by Mary Hoffman

Monty the Manatee by Natalie Pritchard

Books about fear and being frightened

Frog is Frightened! Max Velthuijs
Shhh! By Sally Grindley and Peter Utton
A Dark Dark Tale by Ruth Brown
Ruby's Worry by Tom Percival
Bimwili and the Zimwi by Verna Aardema
Boo! By Colin McNaughton

Books for excitement and participation

OY! Get off our Train! by John Burningham
The Three Little Wolves and the Big Bad Pig by Eugene Trivizas and Helen Oxenbury
We're going on a Bear Hunt
Angry Arthur by Hiawyn Oram
Would you rather... by John Burningham

Superheroes & Boys

Billy's Bucket by Kes Gray & Garry Parsons
Max by Bob Graham
Traction Man is Here by Mini Grey
Super Daisy and the peril of planet Pea by Kes Gray & Nick Sharratt
Charlie's Superhero Underpants by Paul Bright & Lee Wildish
Nat Fantastic by Giles Andreae
Angry Arthur by Hiawyn Oram
Tyrone the Horrible by Hans Wilhelm

Other life events

Teeth are not for biting – by Verdick, E. (2003)
Truelove by Babette Cole (New baby)
The Elephant and the bad baby by Elfrida Vipont
I don't want to go to hospital by Tony Ross

Space for you to add your own recommendations and favourites